



The Anchor Society

Appeal News

2018

Message from the President

My year as President of The Anchor Society has been packed with some tremendous experiences and learning for me.

I have been inspired by the many people I have met, including volunteers, visitors, members and older people we support. I've laughed and cried a little, as I have seen just how hard life is for some of our most frail older citizens and just how important the work we do is. I have made some tremendous new friends in the Presidents of the Dolphin and Grateful Societies, as we have worked together to jointly support projects. But most of all I have felt real pride and compassion in those that work with the Anchor Society and the power of a kind word, a gentle comforting hand and practical advice and support. At the end of the day it's people that matter and people that make a difference. The tea party and summer drinks gave us a chance to catch-up, share stories and reflect on our achievements, but also consider what else we want to do.



The President Steve West serves at the annual tea party

This year has seen us develop strength in our partnerships.

By working with others, we have been able to do things that might not have been possible on our own. Our funds have been targeted and have been used to leverage new funding streams from research councils, industry and businesses to support research designed to benefit the frail elderly. It is very clear that technologies supporting Assisted Living, Remote Monitoring, Telemedicine and even Driverless Cars will all have a huge part to play in the future for older people. We have also been able to refresh our website and ensure administratively that our data bases are legally compliant and allow us to focus and target our efforts. As the year draws to a close we must make certain that we continue to build for the future. We must reach out to new organisations and new generations to guarantee that we continue to develop and thrive. Our ambition for what we aim to achieve over the next few years is impressive, but to stand a chance we must lift our fundraising efforts to a new level and we must embrace new and innovative ways of fund raising alongside our traditional activities.

I would like to thank everyone in the Society for their support. Together we are making a huge difference to the lives of those we engage with. There is more we can do. I know that we can do it, because we are all passionate about our achievements and the people we support. As we go about our business everyone matters and I hope that we can continue to support each other to carry on. There are growing numbers of older people who need our help and it is our mission to be there for them.

Professor Steve West CBE DL

250 YEARS

Please support our work

See inside for full details of how to make a donation to The Anchor Society or go to: **anchorsociety.co.uk**

Working in Partnership: The Transformation Fund

During the year Anchor has been involved in a new joint initiative called the Bristol Older Peoples Funding Alliance, which has brought together several charities who support and fund older people in Bristol and the surrounding areas. This group, (ably chaired by The Very Revd David Hoyle) invited applications from local groups in need of funding. We reviewed multiple submissions and, after much consideration, The Anchor Society was very happy to join with the John James Bristol Foundation, The Dolphin and Grateful Societies to each donate £1,350 to LifeCycle; a project enabling older people to become involved in cycling (we purchased 2 electric bikes). With our sister Societies we also donated £3,395 each to the Harbour Project; supporting older couples where one person has had a stroke. Through partnership we can reach more people in need and make our funding go that much further.



Gathered around the electric bike are John Haworth (John James Bristol Foundation), David Powell (Grateful Society), Richard Pendlebury (Anchor Society), Vanessa Moon (Dolphin Society), Ed Norton and Poppy Brett, LifeCycle

Photo courtesy of @JonCraig_Photos

Working in Partnership: Employment for older people



Steve with his painted penguin

For the last 18 months The Anchor Society has partnered with Business in the Community to support unemployed or economically inactive over 55 year olds through BITC's established Ready for Work project. Each year there are five programmes to support this client group into work or positive non-employment outcomes, such as training or volunteering. Last year the project helped 33 people, with over a third securing employment. For those not finding work, BITC continues to support them for a further six months. Employment not only provides a much-needed income for older people, it also helps reduce loneliness and isolation. It is evident that as the pension age increases more people will need to have to work in older age. This photo shows Steve, with a penguin he was painting during his placement at Bristol Zoo.

Working in Partnership: Corporate Support

This year we are delighted that legal firm Reynolds Porter Chamberlain (RPC) have chosen Anchor as their Charity of the Year. RPC are raising funds through various activities and by holding events. We were pleased to attend a quiz night hosted by RPC's young team and are encouraged that in Bristol there is a real concern and care for older people. We are very grateful to all at RPC for their support this year and look forward to a long association with the firm.

RPC's quiz teams prepare for battle



4 Ways to make a donation

1 By cash or cheque

You can send cash, a cheque or a CAF cheque directly to us at The Anchor Society Office: 29 Alma Vale Road, Clifton, Bristol BS8 2HL. Cheques made payable to "The Anchor Society"

2 Online

Via your bank account to: The Anchor Society, account number: 42165325, sort code: 40 -14 -13 either as a single donation or a regular payment.

Working in Partnership: Active Ageing Bristol

Getting active on the climbing wall

Active Ageing Bristol, a collaboration between The Anchor Society, Bristol Sport Foundation and St Monica Trust, is one of the UK's first physical activity and sport initiatives for older people. Through partnerships we have been able to increase the range of physical activities for older people (over 55's). These include: gig rowing, walking cricket, women's walking football and walking tennis. In addition, we have been able to introduce and promote indoor climbing and nature trail biking. We also co-ordinated the delivery of Bristol Walk Fest in May, featuring 168 walking events with 4,400 participants. We are grateful for the enthusiasm of our partners which include LinkAge, Undercover Rock, Pedal Progression, Gloucestershire Cricket Board, Gloucestershire Football Association and The Tennis Foundation.

If you would like to find out more about Active Ageing Bristol contact Karen Lloyd, AAB Manager mobile: 07734 335878; email: karen.lloyd@stmonicastrust.org.uk

Working in Partnership: Meet Roisin, Anchor Lectureship Holder

Photo courtesy of photograph courtesy of the University of Bristol



A speech and language therapist by background, I am not your typical computer scientist. However, my training has given me a unique insight into the tensions and challenges of working within healthcare services and the huge potential that digital technologies can bring. There is an increasing need for people with long-term conditions (eg diabetes, depression, COPD and Parkinson's), with often lengthy periods between visits with their clinician, to self-monitor and manage their health at home. My area of interest is around exploring the role of digital technologies to support these self-caring practices. In particular, working with

health communities to design and develop technologies that are useful, simple to use by a wide range of people and those with different accessibility issues, and easy to fit into people's already complex lives without becoming a burden. In my previous work I have worked with older people to design everything from a simple cueing device, or mobile phone application, to designing support tools in augmented reality using the Google Glass. My future work with the Anchor Society will focus on exploring the next generation of digital technologies (eg smart home sensors, artificial intelligence and virtual reality) to support older people to live healthy, happy lives.

Dr Roisin McNaney, SPHERE

3 Virgin Money Giving

Donate online with a bank card or via PayPal at virginmoneygiving.com/charities/anchorsociety



4 By standing order

Please print and complete the Standing Order mandate which can be found on our website at anchorsociety.co.uk/fundraising

Unless you are giving via Virgin Money Giving or CAF, please complete the Donation Form and return to us in the reply paid envelope enclosed to ensure that your donation is gift aided. We would very much appreciate receiving your donation before 13th November if possible.

Anchor Grant Giving

Anchor has an ongoing commitment to support older people in the greater Bristol area, to live independently and safely at home for as long as possible. This is partly facilitated by providing emergency one-off grants for unaffordable household expenditure; including essential home repairs and adaptations, heating systems, mobility aids and domestic appliances.

Over the past year we have seen a significant increase in grant applications and a corresponding escalation in our grant spend. By streamlining the efficiency of the grant application process, we strive to respond quickly to those in urgent need and relieve the physical and emotional distress suffered by the individual. This testimonial was received from one of our referrers:

There are too many grateful clients to mention individually that have been assisted by funding from The Anchor Society, but a recent case springs to mind.

Mr & Mrs T care for their two adult sons who have learning disabilities and are on a restricted income. Their boiler was condemned by a Gas Engineer and they were worried about the cost of a replacement.... They were so pleased when I informed them about the Anchor Society grant (£750.00) and stated, "they never receive help from anyone". In a very difficult situation the grant reduced their worries and concerns.

Legacy

We greatly appreciate all the donations we receive through the annual Anchor Appeal and thank you for your support.

In addition, over the years The Anchor Society has greatly benefited from those who have left legacy gifts, which has had a significant impact on what we have been able to achieve. These donations have given us the ability to go further in our mission to make a real difference to the lives of older people in our community.

If you would be interested in making a legacy gift and would like some assistance in doing so, please do not hesitate to contact us at:

**Info@anchorsociety.co.uk or
Tel: 0117 973 4161**

Past presidents and annual collections

1930	W H Eyles	1,212
1931	H C Leonard	1,389
1932	H GTanner	1,980
1933	Eric W Butler	1,816
1934	F Percy Jenkins	1,526
1935	Harold G Robinson	2,017
1936	Dr J Odery Symes	1,726
1937	A Anthony Skull	2,077
1938	Laurence Hosegood	2,224
1939	T Thornton Wills	1,463
1940	Sir Seymour Williams	1,158
1941	Colonel EW Lennard	1,643
1942	Ald T H J Underdown	1,373
1943	John R. Skull	2,389
1944	H M C Hosegood	2,212
1945	F M Arkle	2,263
1946	J H Britton, CBE	2,231
1947	Brig A L W Newth, CBE, DSO, MC	2,306
1948	J P Hitchings, CBE	2,605
1949	S W Cornwell	2,214
1950	E Peter Butler	2,712
1951	Alderman Percy W Cann	2,027
1952	S T Carwardine	2,882
1953	C H Pritchard	3,196
1954	J B Steadman	4,102
1955	A W Bryant	2,723
1956	R C Brooks	2,782
1957	R H Brown	2,924
1958	T F Hewer	2,254
1959	T G C Butler, OBE	2,930
1960	C H Clements	3,131
1961	J A Seymour Williams	3,249
1962	Robert W. Melvin, CBE	4,112
1963	F D Armstrong	11,618
1964	L Ashman Olive	8,601
1965	J F Durie	5,644
1966	Andrew Breach, CBE	4,781
1967	Sir John Partridge, KBE	5,775
1968	H P Lucas	6,108
1969	His Grace The Duke of Beaufort, KG, PC, GCVO	10,056
1970	W H Needham Cooper	5,800
1971	Robert W Cooke	6,120
1972	A H G Butler	5,231
1973	Christopher Rowe	7,314
1974	Peter D Smith	8,115
1975	O D F Gardner	9,193
1976	D A Newton	10,695
1977	P S Hill	9,490
1978	Michael Collings	12,632
1979	Paul Watling	9,552
1980	J G S Young	15,645
1981	R A Garrett CBE	12,807
1982	J D Ware	18,724
1983	Norman Ricketts, OBE	21,060
1984	R V S Castle	17,103
1985	J R Pool, MBE	28,174
1986	His Honour Judge J A Cox	23,339
1987	C S Carwardine	34,584
1988	J B Patterson	34,734
1989	R A Lalonde	53,100
1990	F J Avery	50,269
1991	St John Hartnell, OBE	77,777
1992	G J Clements	44,722
1993	R S Brooks	69,887
1994	Robert Durie, OBE	71,686
1995	Paul Rowe	73,268
1996	Geoff Matthews	78,575
1997	Robert Melvin	66,065
1998	D'Arcy Parkes	79,069
1999	John Burke, OBE	95,656
2000	Guy Arnoux	90,635
2001	Alan R Reed	71,271
2002	Dick Pearce	74,117
2003	Sir David Wills Bt	74,255
2004	John Cottrell	94,433
2005	Nicholas Hooper	80,172
2006	Richard Jarratt	76,195
2007	Charles Hignett	90,476
2008	John Ledbury	90,252
2009	Chris Patterson	86,137
2010	Michael Bothamley	97,328
2011	Dr Jo Gipps, OBE	75,822
2012	Greg Corrigan	72,018
2013	Martin Griffiths	102,112
2014	Dr Michael McCaldin	86,945
2015	Canon Dr John Savage, CBE	83,067
2016	Bob Reeves LLD	100,897
2017	Dr John Manley	103,186

History of the Annual Collection

The Anchor Society was formed in 1769 when it held a dinner at the Three Tuns, a tavern on the site of the present Corn Exchange, with 22 members present. At this dinner the President, Gilbert Davis, took up a collection to benefit the poor and elderly in Bristol. Since then there is an unbroken record of Presidents' annual appointments and personal collections. You can find the full list on our website at

www.anchorsociety.co.uk/fundraising/collections. Each year the Anchor, Dolphin and Grateful Societies launch an annual appeal and the results are shared on the 13th November.

In his or her year The President writes to a wide selection of friends, colleagues and past supporters, asking for a donation to the Annual Appeal. We would be very grateful if you are able to support us with a contribution which will reach us by the 13th November.

Thank you for your support.

The Anchor Society

Established 1769



President

Professor Steve West CBE DL

Committee

Dr John Manley
Robert Durie OBE
Richard Jarratt
Paul Rowe

President-elect

Dr Ros Kennedy

Hon Secretary

Alan Reed

Hon Treasurer

Eric Evans

Chief Executive

Richard Pendlebury MBE DL

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